

subject line: Caring for someone with disabilities or special needs

preheader: Cost of leaving the workforce calculator, caregiver wellness tips, and more.

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Caring for a loved one? What you should know.

[GET CAREGIVING TIPS](#)

Caring for a loved one with a disability or special needs is different for every family. We can help you create a plan based on your goals, so that you can focus on what matters most to you—providing care to those you love.

Get answers to many of your questions, including:



[What disability benefits are available?](#) Explore resources, from government benefits to health plans, for financial support.



[What can I do now to plan for the future?](#) Because independence looks different for every person, get help creating a plan that works for you.



[How could caregiving affect my future income?](#) [Use this calculator](#) to help get an estimate on what you can expect financially.

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